

Crestwood Swim Team 2018 Summary and Signature Form

Sudden Cardiac Arrest/Lindsay's Law

Lindsay's Law, Ohio Revised Code (ORC 3313.5310, 3707.58 and 3707.59) went into effect in 2017.

In accordance with this law, the Ohio Department of Health, the Ohio Department of Education, the Ohio High School Athletic Association, the Ohio Chapter of the American College of Cardiology and other stakeholders jointly developed guidelines and other relevant materials to inform and educate students and youth athletes participating in or desiring to participate in an athletic activity, their parents, and their coaches about the nature and warning signs of sudden cardiac arrest. All youth athletes and their parents/guardians must review the ODH SCA handout, view the Ohio Department of Health (ODH) video about Sudden Cardiac Arrest and then sign and return this form.

More information for parents, coaches, officials and athletes may be found at <https://www.odh.ohio.gov/landing/Lindsays-Law.aspx>. An informational video can be viewed at <https://www.youtube.com/watch?v=s-YfCWQPeqw&feature=youtu.be>

HEADS UP and Ohio's Return-to-Play Law

As of April 26, 2013, Ohio's Return-to-Play law (ORC 3313.539 or ORC 3314.03) requires that Ohio youth athletes who are suspected of sustaining a concussion, **MUST** be removed from practice or play. Ohio laws prohibit a child to return to play (practice or competition) on the same day that he/she is removed on suspicion of having sustained a concussion. He/she may return the following day if cleared **in writing** by a physician (MD or DO) or other authorized healthcare provider that they did not sustain a concussion.

More information, including a training video, for parents, coaches, officials and athletes may be found at <https://www.cdc.gov/headsup/youthsports/index.html>.

